

Table of Contents

Prelude	1
Chapter I: Entering the Client's World	8
Typical Users and Uses	
Relevance to Modem Work Environments	
Benefits of Using Sensory Channels	
Value of Media for Specific Types of Clients	
Client Resistance	
Chapter II: The Process	14
Steps in the Process	
Focus Questions	
Chapter III: Experiential Learning Applications	17
Individual vs. Organizational Process	
Process Observations of the Client Organization	
Applications of Therapeutic Tools to Organizations	
Gestalt	
Psychosynthesis	
Family Systems	
Jungian Process Work	
Chapter IV: Tools -Experiments and Exercises	35
Intuition and Divination	
Body Awareness and Movement	
Theatre Improvisations	
Drawing, Painting and Collage	
Clay and Other Three Dimensional Tools	
Sound Experiments	
Writing	
Dreams and Fantasy	
Postlude	60
Final Words	
Notes About the Author	
Contact Us	
Bibliography	61